

KRISTEN C. ECCLESTON, ED. D., NBCT

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<https://www.linkedin.com/in/kristen-eccleston-the-neurodiverse-teacher-keynote-speaker/>

RESEARCH INTERESTS

Impact of PTSD on Neuroprocessing, Mental Health Disorders, Adolescent Mental Health Disorders, Mindfulness Education, Vicarious Trauma, Holistic Wellness Initiatives in The Education Setting, Multicultural Affairs, How Sociocultural Factors Impact Neuroprocessing.

EDUCATION

• **Ed. D in Education- Mind, Brain, & Teaching**, May 2021- Johns Hopkins University

• **Exceptional Needs Specialist, National Board Certified Teacher**, December 2017

• **Certificate in Educational Leadership & Administration**, May 2017- Hood College

• **M.S. in Special Education**, May 2009- Johns Hopkins University

• **B.A. in Communications**, December 2006- Salisbury University

HONORS & AWARDS

- 2019 MCCPTA Outstanding Program Recipient (Col. Zadok Magruder High School Enhanced-SESES Program)
- 2019 MCCPTA Outstanding Special Educator Recipient
- 2022 Education 2.0- Outstanding Leadership
- 2018 Montgomery County Public Schools Board of Education Award for Distinguished Service to Public Education (Staff)
- 2018 Congressional Scholarship Recipient
- 2018 State Delegate Scholarship Recipient

TEACHING EXPERIENCE

Adjunct Professor, Towson University

- Curriculum & Methods of Instruction for Secondary Transition
- Curriculum & Methods of Classroom Management for Students with Disabilities (K-12)
- Using Reading and Writing in The Secondary School
- Teaching Reading in Secondary Content Areas

Special & General Educator, Montgomery County Public Schools

- Department Head- Enhanced-Social Emotional Special Education Services Program
- Middle School Science Teacher
- Learning for Functional Independence Teacher
- Learning and Academic Disabilities Teacher
- Bridge Teacher- Students with Autism and Social-Emotional Disabilities

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PUBLICATIONS

Media- Podcast

[Mental Health Magruder E-SESES Program](#)

[The XChange](#)

[The Dominic Mills Podcast](#)

[A Conversation w/ J.T. Berglano](#)

[The Networking Diva Hour](#)

[Dr. D. Podcast](#)

Central Valley Talk

Our One in Three Podcast

[Power Ace Radio](#)

[Articulation Radio](#)

Week By Week

[Nurturing Neurodiversity](#)

[King Connections Podcast](#)

[Fully Human Connections](#)

[One World Initiative](#)

SEL in EDU

[Daniel and the Doctors](#)

Media- Print

WomElle Magazine: August 2022

Yahoo Life

Media- Television

The Blox: Season 5 (Fall 2022)

Dissertation

Strengthening Teacher Knowledge of Mental Health Disorders and Improving Teacher Attitudes Towards Adolescent Mental Health Needs

White Papers

Get in Rhythm: Increasing Structured Identification of Student Wellness Needs and Improving Student Availability for Learning Through Social-Emotional Intervention

Get in Rhythm: Providing Evidence-Based Interventions to Empower Student Self-Regulation Skills and Wellness

Journals

Eccleston, K.C. (2023). Adult mental health in education: Examining the needs of today's adult learner. *Adult Literacy Education* 5(1) 43-48. <http://doi.org/10.35847/KEccleston.5.1.43>

CONFERENCE PRESENTATIONS

2019. Eccleston, Kristen. "Readiness for High School Panel." 9th Annual Diamonds in The Rough Conference, Rockville, MD.

2022. Eccleston, Kristen. "The Pandemic & School Behavior Challenges: Internal & External Behaviors." Diamonds in The Rough: Virtual Speaker Series, Remote.

2022. Eccleston, Kristen. "You're a doctor, now what...Professional Engagement, Continuing Education and Life Post-Graduation Panel." Johns Hopkins University EdD Residency Session, Remote.

2022. Eccleston, Kristen. "The Current State of Student Mental Health." Diamonds in The Rough: Virtual Speaker Series, Remote.

2022. Eccleston, Kristen. "Panel Discussion: Helping Students Take Charge of Executive Functioning." Diamonds in The Rough: Virtual Speaker Series, Remote.

2022. Eccleston, Kristen. "Panel Discussion: Becoming More Inclusive in Education: Diversity In Unity." Education 2.0, Las Vegas, NV.

2023. Eccleston, Kristen. "Panel Discussion: Transition Services." Diamonds in The Rough: Virtual Speaker Series, Remote.

VOLUNTEER

Smithsonian Institution Advisory Committee Member- Zero Barriers Advisory Committee: STEM Education

MEMBERSHIPS / AFFILIATIONS

Independent Educational Consultants Association- Associate Member

Kappa Delta Pi Honors Society

Lambda Pi Eta Honor Society

Zeta Tau Alpha Alumna